

Week One



Spring/Summer Plant-Based Main Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Margherita Pizza with Vegan Cheese and Tomato Pasta Salad or Tex Mex Chilli with Steamed Rice	Vegan Cheese and Tomato Pasta Bake	Vegan Cheese and Potato Pie	BBQ Plant Balls with Steamed Rice	Garden Vegetable Goujons or Plant-Powered Sausages
Served with	Peas and Sweetcorn	Mixed Salad	Carrots, Green Beans and Gravy	Mixed Vegetables	Chips and Peas or Baked Beans
And for pudding	Homemade Cupcake	Iced Fruit Smoothie	Homemade Shortbread	Cocoa Popcorn Bar	Homemade Muffin

Week One: 15 Apr | 6 May | 3 Jun | 24 Jun | 15 Jul | 16 Sept | 7 Oct — Fresh Fruit Available Daily

Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Margherita Pizza with Vegan Cheese and Potato Wedges	Plant Sausages with Tomato Pasta	Roasted Vegetable and Tomato Pastry Plait	Cauliflower, Chickpea and Potato Curry with Steamed Rice	Garden Vegetable Goujons or Plant-Powered Sausages
Served with	Sweetcorn	Crunchy Veg Sticks	Roast Potatoes, Carrots, Peas and Gravy	Mixed Vegetables	Chips and Peas or Baked Beans
And for pudding	Homemade Cupcake	Cocoa Oatcake	Shortbread	Iced Fruit Smoothie	Homemade Cupcake

Week Two: 22 Apr | 13 May | 10 Jun | 1 Jul | 2 Sept | 23 Sept | 14 Oct — Fresh Fruit Available Daily

Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Margherita Pizza with Vegan Cheese with Potato Wedges Or Vegemince Bolognese with Pasta	Loaded Tomato and Bean Bake with Vegan Cheese	Plant Sausages with Gravy	Vegan Cheese and Tomato Pasta Bake	Garden Vegetable Goujons or Plant-Powered Sausages
Served with	Crunchy Veg Sticks	Broccoli	Mashed Potatoes and Mixed Vegetables	Sweetcorn	Chips and Peas or Baked Beans
And for pudding	Iced Fruit Smoothie	Lemon Shortbread	Homemade Cake	Banana Flapjack	Homemade Iced Sprinkle Cake

Week Three: 29 Apr | 20 May | 17 Jun | 8 Jul | 9 Sept | 30 Sept | 21 Oct — Fresh Fruit Available Daily